

By Fumio Demura

**SHITO - RYU
KARATE - DO
GENBU - KAI**

Series #6



EKU BO

Karate weapon of self-defense

沖縄古武道

工ノ棒

沖縄古武道連合会

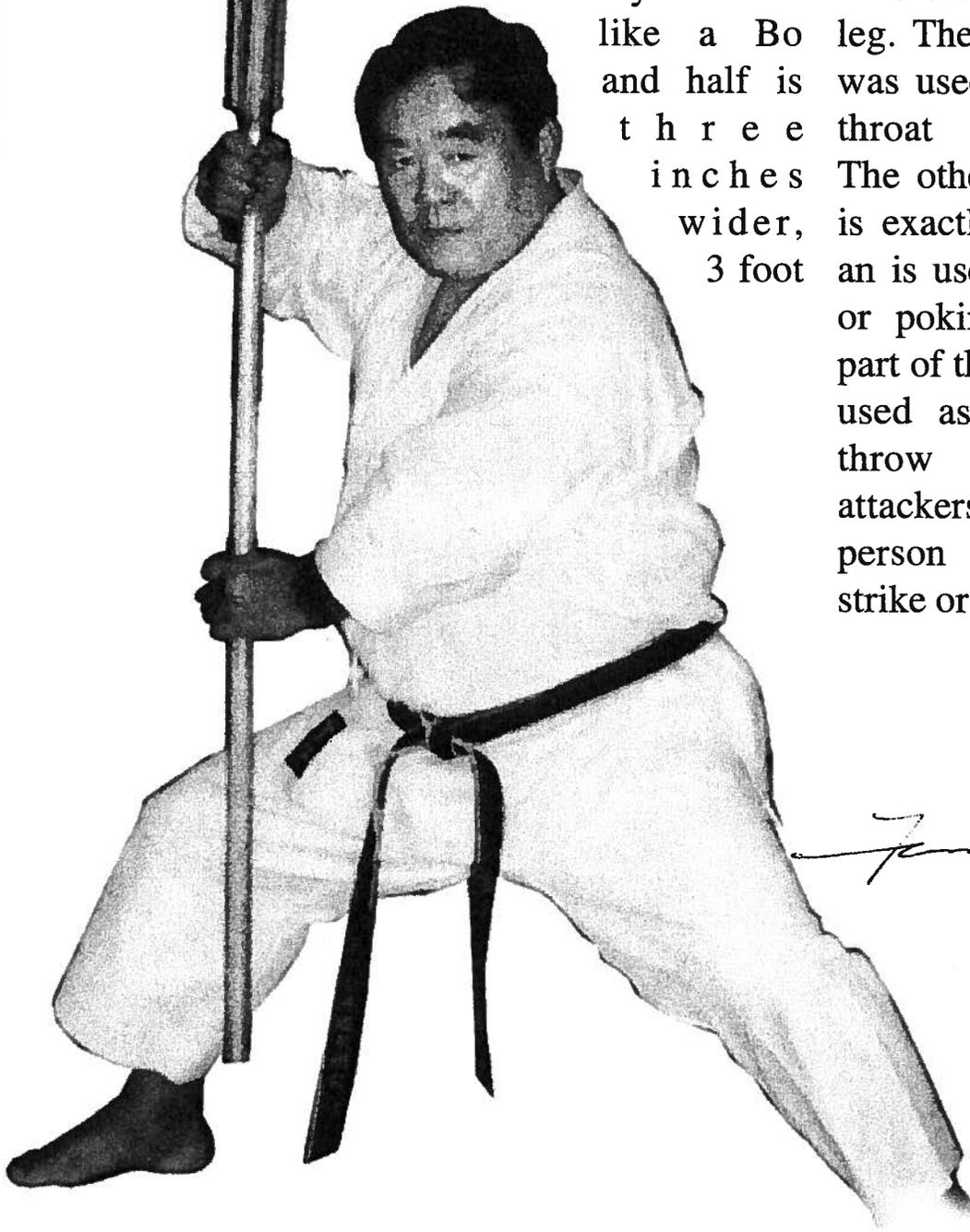
OKINAWA KOBUDO ALLIANCE

The Eku Bo

It's an oar made of Oak that belongs to fisherman and the Bo family. The average size of the Eku Bo is six foot, but it does

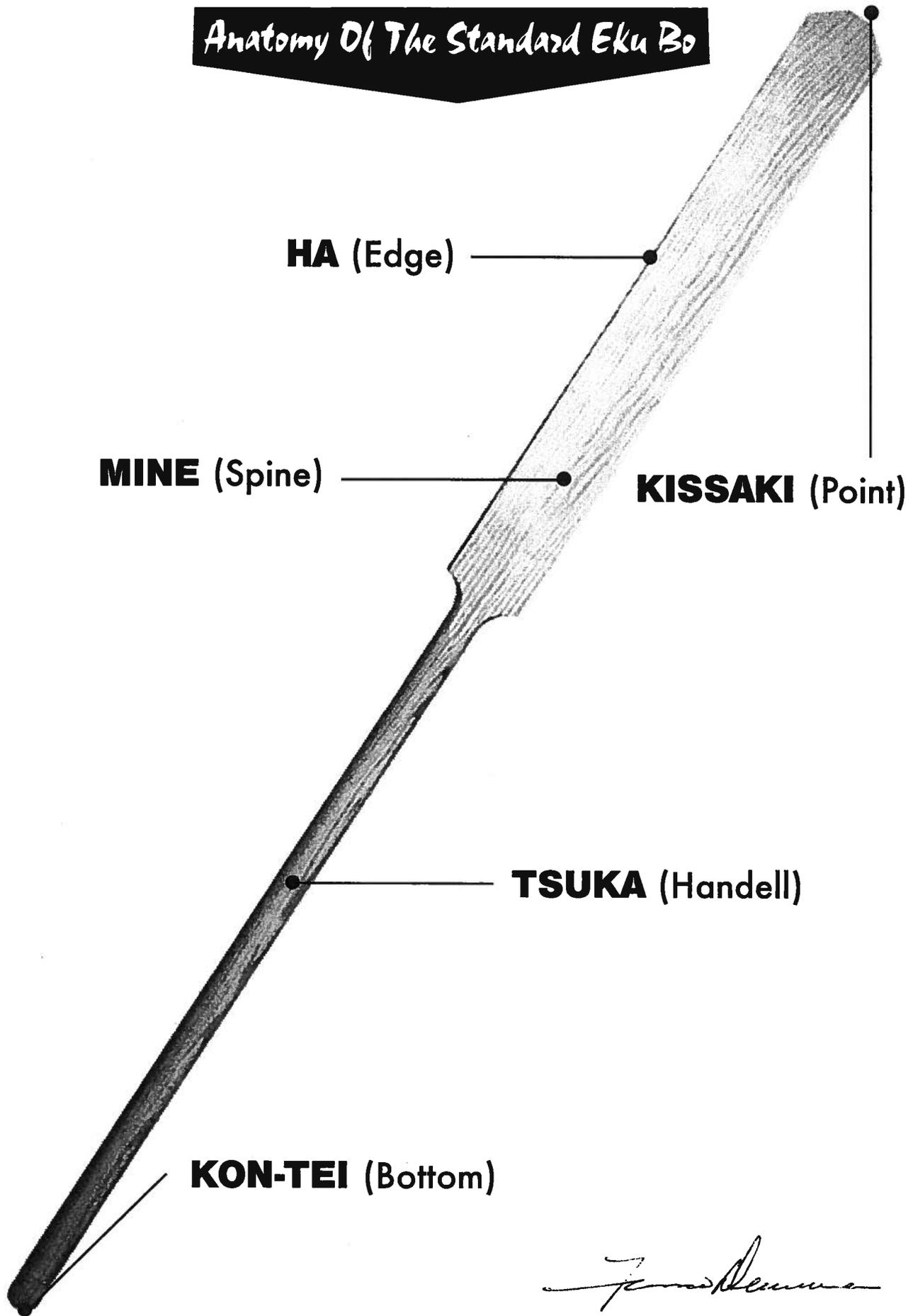
vary. Half is like a Bo and half is three inches wider, 3 foot

longer, one side is round and one side is "heaped" in the center. When people attacked the fisherman he used the oar edge to strike to break the skull or leg. The curve (point) was used to strike the throat or stomach. The other half (tsuka) is exactly like the Bo an is used for striking or poking. The flat part of the Eku Bo was used as a shovel to throw sand in the attackers eyes so the person had time to strike or run away.



Frank Aluma

Anatomy Of The Standard Eku Bo



F. H. ...